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# GREETINGS PROBIANS!

**GOOD NEWS**: We have a meeting to announce at last. See below noting new start time.

Since the last newsletter came out, the number of people permitted to meet in public has increased by a factor of 10. As you know, we can now meet in groups up to 100 people. That allows us to meet once again, provided we abide by the social distancing, and health and hygiene guidelines. It will be really nice to all get together again and catch up on what we have been doing over the last couple of months.

Don't forget our Picnic/BBQ in the Kwoorabup Park, behind the hospital, coming up on Wednesday. Come along and join in the fun and games and renew old friendships.

Looking forward to seeing you all in person,

Joyce





#### Committee

President: Stuart Hoskins president@denmarkriverprobus.org.au Vice President: Wendy Wildman

vpresident@denmarkriverprobus.org.au

Secretary: Louise Hoskins secretary@denmarkriverprobus.org.au Treasurer: Rose Robson treasurer@denmarkriverprogus.org.au

#### **From Our President**

Great news, we can gather again in fun, friendship, and fellowship. It seems to have been ages, but no time at all.

A lot of special moments have happened since we slowed down, being able to concentrate on one's self without all the distractions that go with the busy rushing around life style of the past, have created many times of joy and contentment. I think a lot of people have received great benefit from the slow down that has been caused by COVID19 isolation.

Now the time has come for the butterfly to spread her wings, so to speak. To embrace all our so-called freedom, follow the rules, and embrace life. There are only good times ahead. A positive thought. Just remember, nothing stays the same.

With the BBQ on Wednesday (hopefully fine) it will be good to get back together again. Don't forget Fran's Morning tea on the 16<sup>th</sup>. *Take Care - Stay Well.* 

Stuart

## **BIRTHDAYS**

The following people will be celebrating their birthdays in July.

- 17<sup>th</sup> Anne Peterson
- 20<sup>th</sup> Tracey Barton
- 25<sup>th</sup> Kevin Nayda
- 28<sup>th</sup> Susan Allen
- 28<sup>th</sup> Ian Hardwick



### Happy Birthday to you all!

#### **MEMBERSHIP**

The name badges are all ready and waiting for the induction of our new members at our next meeting. Please make them welcome. There are eight people still on the waiting list.







# HAPPENINGS

Things are getting back to normal. Time to come out of hiding.

# PICNIC/BBQ IN THE PARK

When: 17 June 2020 at 11:00 a.m.

Where: Kwoorabup Community Park, Research Station Avenue, Denmark.

There will be games. Bring some along if you like.

BYO Everything – chairs, food, hot water, cups, utensils, etc.

## The Singing Group



The singing group is now back in action meeting as usual on every first Tuesday of the month in the Sanctuary at 3:30 pm. For information contact Val Ball

# Wine Appreciation Group

The wine appreciation group are holding off until after the general meeting.



# Fran's Coffee Morning

It is planned that Fran's morning teas will start up again meeting at the Reminisce Café at the Rivermouth Caravan Park for the next two months – i.e. 16<sup>th</sup> June and 21<sup>st</sup> July at 10:00 am. Come along and Socialise! At a safe distance, of course.



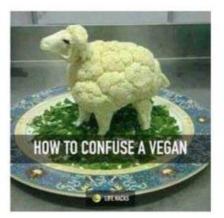
# Kayaking

There is an enthusiastic group of people just waiting for you to join them in the fun. They meet on

Friday mornings (when the weather is conducive). Anyone interested should contact Warrick Gates or Stuart Hoskins

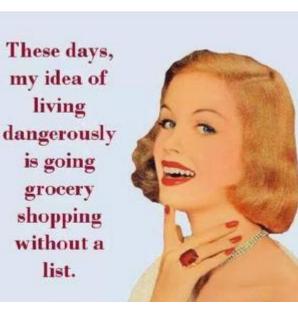
#### The WOW Cruise at Walpole that was

cancelled will be rebooked when they start operations again.



IF you can't remember my name, just say "chocolate"....

l'll turn around.



Going shopping - period I'd say!



# pjzza Anyone?

Did you know that you can make a good pizza base out of dough made from one large potato, a couple of ounces of butter and half a cup of *self-raising* flour?

Well yes, you can, and I often do. It can also be done with sweet potato. In this case I used one that was purple inside. Interesting contrast to the red tomato sauce, but tastes yummy.



But watch out – this is what happens if you are too lazy to put the baking powder **through** the *plain* flour first; instead just dumping it on top of the purple sweet potato, under the flour, before mixing it all together.



Chemistry type people – what did I just do??\*

It tasted just a good as the normal purple one anyway, and I am still here to tell the tale.

[\*Was it a Redox reaction?  $Fe^{3+}$  (red) being reduced to  $Fe^{2+}$  (green) by the Bicarbonate of Soda?]

