



## Denmark River Probus News

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### PRESIDENT'S POST

Thank you members, for the good response to the activity board, some activities very popular, others yet to get off the ground.

29 Names listed for the Theatre/Movies - and already a 'posse' has enjoyed the movie - Downton Abbey, whilst another group of 7 have banded together to attend the Celtic Christmas Show on the 12<sup>th</sup> December. Not too late to join them, just contact Alan Brooks.

Dining; 17 folk liked the sound of this and Ros Gates has kindly volunteered to be the co-ordinator. Everyone is a bit busy now but in the New Year events will be programmed.

To a lesser extent, Members have shown interest in: Bike Riding, Card Games, Technology, IN House Activities, Dancing, Scrabble, Kayaking and Short Away Trips. It is just a matter of contacting the members on the list and arranging a get together to start the 'ball' rolling. off. (the list was sent out about the 3<sup>rd</sup> October.)

The In House Quiz day on Wednesday 16<sup>th</sup> October was lots of fun. The memory box got a solid work out, thanks to our expert

Quiz Master Steve and his willing and able scorer Kerry. Music, general knowledge, Australiana and lots of bits and pieces were a challenge. Surprising what the old brain cells retain. 5 tables of contenders but it was a close contest at the end, with 2 teams vying for the prestigious 'blue winners sash" Joyce, Kevin J, Kathy & Bruce took the prize, chocolates donated by Glenice.

The photo board was displayed at the Quiz. Gee it is going to be a tough task to correctly name the babes etc, but good fun trying to work them out. Please Don't be reticent to participate.

Welcome Home Harry White. May rehabilitation be speedy and complete Harry. I did hear Nurse Florence White is on hand again to assist with this. Well done Flo'.

**Thought For the Day;**

**I read an article about the dangers of drinking. Scared the crap out of me. I have now decided "That's it no more reading!!!"**

Keep safe

Val Ball



### N O V E M B E R BIRTHDAYS

01	Janet Hardwick
05	Steve Hawks
09	Lex Harry
30	Helen Young

### NEXT MEETING

**6th November 2019 10h00**

**Denmark Country Club**

**Speaker - Dr Prathas**

**Four Continents Five Lives**

**Lunch = The Denmark hotel**

## October Guest Speaker



Our guest speaker for this month was an elderly lady with a shaven head, wearing maroon and yellow robes. She is the chairperson of the Mahakaruna Buddhist Society in Denmark, the

Venerable Lozang Chodzin.

Chodzin started her presentation with a short guided meditation, which got us relaxed and focused on what was to come. She explained that Buddhists believe it is our purpose in life to be happy and joyful. Chodzin herself became a Buddhist nun at 60 and says she has never been more contented, nor is she afraid of dying. Perhaps this is because Buddhists believes in karma and reincarnation.

She told us the story of the Buddha, who was born Prince Siddhartha around 2500 years ago. He was protected from worldly problems by his royal status, but when he left the palace for the first time as an adult, he saw the reality of suffering and was so shaken by it that he gave up his former life and wandered around the country in extreme poverty for many years looking for answers as to why life entails suffering. He finally gave up and sat down under a bodi tree. That night he became enlightened.

He became a teacher and passed on what he had discovered about suffering and how to overcome it. He taught about gaining control over our mind and cultivating loving kindness, and that by leading a virtuous life, we can be reborn into better circumstances, or alternatively become enlightened, and not need to be reborn.

Chodzin told us a little about her own path to Buddhism. As a young student at the end of World War 2, she was dismayed by the constant wars and suffering. She embarked on her life's path and became a librarian, travelled, married and divorced. The years went by and when she realised that she had been mildly depressed for most of her life, she took a course in meditation, which led to her embracing Buddhism and eventually ending up in Denmark where she established a Buddhist centre in Scotsdale Road.

Her Buddhist lifestyle obviously agrees with her as she has the serene demeanour of a genuinely happy person.

Kerry Clark

## Happenings



Don't forget the Photo Quiz  
Photos will be displayed on  
the website and at Nov Meeting



### Fran's" Coffee Morning

Come join us at Tea House  
**Tuesday 19th November** 10.00am



### Singing



**3.30pm 12th November**

The Sanctuary  
**NOTE** Date change

### Outings



### Melbourne Cup -

**5th Nov 11.00 - 14.00**

Sweep run by Graeme - DCC  
Caterer = Irene Stone  
Door Prize  
Prize for best hat (M/F)



### Wine Appreciation Group

Wine tasting

**24th October 2019**

5:00pm to 7:00pm  
Garden Room Community  
Resource Centre  
Bring your own nibbles  
\$3.00 towards hire of room.  
\$5.00 for tastings  
Seven fruit based wines. The  
challenge will be to see if you can  
guess what fruit it's made  
from. Please let Peter know if you  
will be attending.

**KEVIN'S  
FUNNIES**



# RALPH'S STILL TALKING

## Just goes to prove, you don't need a brain to play footy

During the Grand Final commentary last Saturday one of the announcers referred to "the enormity of the crowd" which reminded me of these other memorable footy quotes:



"Nobody in football should be called a genius. A genius is a guy like Norman Einstein." Mick Malthouse - Collingwood

"I'm going to graduate on time, no matter how long it takes." Peter Bell - Fremantle - on his University Law studies

"You guys line up alphabetically by height." and "You guys pair up in groups of three, then line up in a circle." - Barry Hall Sydney Captain at training

Brock Maclean (Melbourne) on whether he had visited the Pyramids during his visit to Egypt: "I can't really remember the names of the clubs that we went to."

"He's a guy who gets up at six o'clock in the morning regardless of what time it is." - Kevin Sheedy on James Hird

Jonathan Brown, on night Grand Finals vs Day Games "It's basically the same, just darker."

Ron Barassi talking about Gary Cowton. "I told him, 'Son, what is it with you. Is it ignorance or apathy?' - He said, "Barass, I don't know and I don't care."

Barry Hall (Sydney) when asked about the upcoming season: - "I want to kick 70 or 80 goals this season, whichever comes first."

"Luke Hodge - the 21 year old, who turned 22 a few weeks ago" (Dermott Brereton)

"Chad had done a bit of mental arithmetic with a calculator." (Mark Williams)

"He scored that goal after only 22 seconds - totally against the run of play." - (Dermott Brereton)

"We actually got the winning goal three minutes from the end but then they scored." (Ben Cousins, West Coast Eagles)

"I've never had major knee surgery on any other part of my body." (Dermott Brereton)

"I owe a lot to my parents, especially my mother and father." (Shane Wakelin)

"Sure there have been injuries and deaths in football - but none of them serious." (Adrian Anderson)

"If history repeats itself, I should think we can expect the same thing again." (Andrew Demetriou)

"I would not say he (Chris Judd) is the best centreman in the AFL but there are none better." (Dermott Brereton)

"I never comment on umpires and I'm not going to break the habit of a lifetime for that prat." (Terry Wallace)

Garry Lyon: "Have you ever thought of writing your autobiography?" -David Swartz: "On what?"

"Well, either side could win it, or it could be a draw." (Dermott Brereton)

"Strangely, in slow motion replay, the ball seemed to hang in the air for even longer." (Dermott Brereton)