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Hello all,

PRESIDENTS REPORT

I am sure all of you are aware by now that the Australian Government has implemented the Australian Digital Health Agency.

This agency has in turn created "My Health Record" to store your health records online.

It is not compulsory for you to participate in this project, however if you do not wish to have a "My Health Record" automatically created for you you do have to actively do something about it.

If you wish to opt out you have until November 15th 2018 to do so.

You will need to go to the website:

https://www.myhealthrecord.gov.au/

OR

phone the Help Line on 1800 723 471

If you have a My Gov account it maybe worthwhile checking on it as you may, like me, discover that you already have a Record commenced.

It is worthwhile reading all of the details so that you are very clear what you are signing up for.

I have found it a bit disconcerting that whilst most of the medical professionals I know are urging their patients to join up they themselves are opting out of the scheme.

Although you can decline the use of your data for secondary (research) purposes the statement on the website that worried me most was:

"Australian organisations (and some overseas, in certain circumstances), including Australian pharmaceutical companies, will be able to apply to access My Health Record data for approved secondary purposes".

Carmel



Thanks to all who helped make the last meeting such a great success.

From the wonderful kitchen group to everyone who went out of their way to talk with and make our visitors welcome.

Every visitor that I talked with during the day complimented us on a well run event.

Thank you one and all.

The committee has decided on a change of venue for lunch after the next meeting to Boston brewery. Just a trial.

Neville.

NEXT MEETING

7th November 2018 10h00

Denmark Country Club

Lunch = Boston Brewery

Speaker = Lynette Sellen

Community Services Manager

Amaroo

November Birthdays



- 01 Janet Hardwick
- 05 Steve Hawks
- 09 Lex Harry
- 18 Garry Marshall
- 30 Helen Young



Adventures of Terry and Trisha - Villa Carlotta

Prior to joining Villa Carlotta 2.5 years ago Terry drove travel groups to the North of WA. With being away from home so much he decided to retire and after a short time Trisha told him to "get another job". So they decided to take on the travel as a couple, and joined Villa Carlotta. Limited as a couple to only touring in WA due to company rules, they spend 15 days per month touring from Karijini in the north to Esperance in the south, and out to the goldfields in the east.

The talk started with an unusual slant as the talked about things that can go wrong, and accidents on trips. Seems it's not good to travel on trips that contain George and Arthur's as there seemed to be the most stories about disasters with these two on board.

But the most interesting stories told included:

A trip to Geraldton where two gents in their 90's got emotional at the Sydney Memorial lookout. Turned out one of the guys dad had redesigned the Ship and the other guy was purser on the boat that found the Germans.

In Karijini a man whose name was Roger bought a Rogers Pale Ale and when comments were made about the name, he informed that it was actually named after him as he had initially made it.

Another Arthur and George story was about George being a silversmith who had made the gift Australia gave to Prince Charles and Lady Di on their wedding day.

Terry and Trisha both stressed that there are such wonderful stories out there but we need to document them before they are lost forever. We saw some lovely images of Karijini area, the wildflower tours and the goldfields trips.

At the end we were reminded (in case we were unaware) that they also run tours from Albany to Perth.

After the talk we had a lovely lunch and got to talk to our visitors. I was lucky enough to share a table with the oldest person on this tour – Dorothy who at 99 was amazing and really lovely. Olive from the Como Probus has been checking out how to live a healthy life that long by checking what Dorothy eats, and she shared her research with me – Light Beer and no cream on her desserts.

Carole Wright



Dorothy Lewis



Happenings



Fran's" Coffee Morning
Come join us at Bibbulmun
Cafe
Tuesday 20th November
10.00am
All members invited



Wine Appreciation Group

Wine tasting 25th October 2018
-5:00pm to 7:00pm
Garden Room Community
Resource Centre
Wine as allocated.

If you have not been allocated a wine please place \$15 into the kitty Bring plate of nibbles. \$3.00 towards hire of room.



Walking Group

To be announced



COMBINED MELBOURNE CUP Tuesday, 6th November, 11.30 am for 12 noon Denmark Country Club

\$30.00 per person, visitors welcome.

Bar open
Big screen TV
Competition – best hats – male and female
Sweeps at door.

Cut-off date for payment is Monday, 29th October and, as there is a third party involved, monies cannot be refunded. You may, however, be able to find someone to take your place.

Please let Mal, 0407995081 – know if you haven't put your name on the events list and want to come.



Corporate Bowls.

calling for bowlers............
Ideally a pool of 10 (or more) would be good, then one doesn't have to commit

can you please advise us if you may be interested. Don't be deterred if you are not a champion bowler,

the camaraderie makes up for any calamity.... Starts November and goes through until end of January, with a gap around Christmas

RALPH'S STILL TALKING

BURIAL AT SEA

Mick and Paddy had promised their Uncle Seamus, who had been a seafaring gent all his life, to bury him at sea when he died.

Of course, in due time, he did pass away and the boys kept their promise.

They set off with Uncle Seamus all stitched up in a burial bag and loaded onto their row boat.

After a while Mick says, 'Do yer tink dis is fer enuff out, Paddy?'

Without a word Paddy slips over the side only to find himself standing in water up to his knees.

Dis'll never do, Mick. Let's row some more.'

After a bit more rowing Paddy slips over the side again but the water is only up to his belly, so they row on.

Again Mick asks Paddy, 'Do yer tink dis is fer enuff out Paddy?'

Once again Paddy slips over the side and almost immediately says, 'No dis'll neva do.' The water was only up to his chest.

So on they row and row and row and finally Paddy slips over the side and disappears.

Quite a bit of time goes by and poor Mick is really getting himself into a state when suddenly Paddy breaks the surface gasping for breath.

'Well is it deep enuff yet, Paddy?

WAIT FOR IT'

Aye 'tis,

NOW hand me dat shovel.'



ARH THE TRUTH HURST SOMETIMES YEH THE SPELLING ALSO

Barb was lying in bed one night. Larry was falling asleep but Barb was in a romantic mood and wanted to talk. She said: "You used to hold my hand when we were courting."

Wearily he reached across, held her hand for a second and tried to get back to sleep.

A few moments later she said: "Then you used to kiss me..."

Mildly irritated, Larry reached across, gave her a peck on the cheek and settled down to sleep.

Thirty seconds later she said: "Then you used to bite my neck..."

Angrily, Larry threw back the bed clothes and got out of bed.

"Where are you going?" Barb asked.

"To get my teeth!"

DOWN AT THE RETIREMENT CENTER

80-year old Bessie bursts into the rec room at the retirement home.

She holds her clenched fist in the air and announces, "Anyone who can guess what's in my hand can have sex with me tonight!!"

An elderly gentleman in the rear shouts out, "An elephant?"

Bessie thinks a minute and says, "Close enough."

OLD FRIENDS

Two elderly ladies had been friends for many decades. Over the years, they had shared all kinds of activities and adventures. Lately, their activities had been limited to meeting a few times a week to play cards. One day, they were playing cards when one looked at the other and said, "Now don't get mad at me... I know we've been friends for a long time but I just can't think of your name. I've thought and thought, but I can't remember it. Please tell me what your name is."

Her friend glared at her. For at least three minutes she just stared and glared at her. Finally she said, "How soon do you need to know?"

SENIOR DRIVING

As a senior citizen was driving down the motorway, his car phone rang.

Answering, he heard his wife's voice urgently warning him, "Vernon, I just heard on the news that there's a car going the wrong way on I-25. Please be careful!"

"Hell," said Vernon, "It's not just one car. It's hundreds of them!"

SUPERSEX

A little old lady who had lost her marbles was running up and down the halls in a nursing home. As she ran, she would flip up the hem of her nightgown and say "Supersex." She ran up to an elderly man in a wheelchair, flipping her gown at him, she said, "Supersex."

He sat silently for a moment or two and finally answered, "I'll take the soup."

Please Friends, tell me this won't happen to us!!!