

DENMARK RIVER PROBUS NEWSLETTER

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Hi everyone,

Where has the year gone?. Already nearly Christmas!! I love this time of the year when we get to see our families. Christmas used to be a religious event but now its more a consumer event. Coming from the other side of the world I found it strange to see decorations in the streets and the temperatures around 40 degrees. In Ireland it would be very cold. I still struggle with seafood for Christmas. Hope to see you all at our Christmas lunch on the 6th December. It should be good.



Cheers Trish

NEXT MEETING 6th December 2023

CHRISTMAS LUNCH

NB – 10:30 start

BIRTHDAYS

November

Helen Young 30th

December

Kaye White 15th

Dexter Warne 17th

Grant Ball 19th

Carol Harry 24th

Kaye Murry 30th

Rob

Norcross

31st

January

Shirley Warne 10th

Brian Levet 14th

Moya Ivanac 25



MEMBERSHIP ·

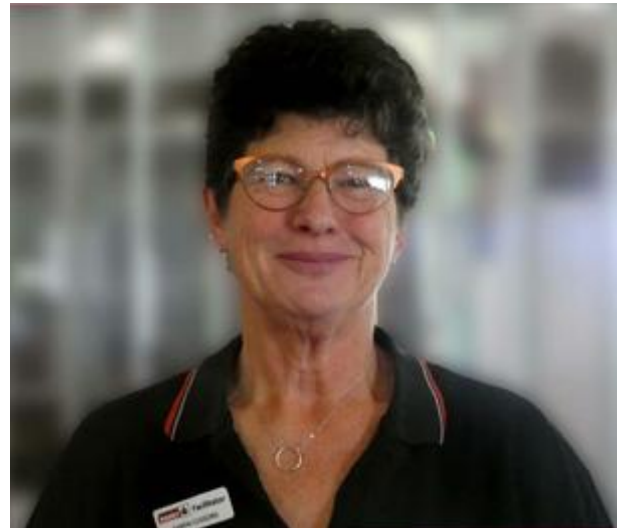
There are 13 people on the waiting list

Name Badges - Please remember to wear your name badges so that everyone can get to know everyone.

Guest Speaker

November Guest Speaker, Karen Cussons :
Bushfire Ready

This month's guest speaker is a face we are used to seeing in the office of the Country Club, but this time she was wearing a different hat, that of bush fire brigade facilitator. Karen had an engaging speaking style, asking lots of questions while informing us on how to best prepare in case of a bushfire.



The most important thing is to have a plan. You need to decide beforehand if you will stay and defend, or leave. If you decide to leave, have an emergency kit packed. If it is a hot day, have the local radio on and stay up to date with what is happening. There is a daily fire risk rating on the Denmark Shire website and the Bureau of Meteorology (BOM) site will also inform you of the day's conditions. Have a battery operated radio on hand in case of a power outage.

Karen had a sample emergency kit, which was stocked with items such as:

1. a battery radio
2. torch
3. toilet paper
4. medications
5. bottles of drinking water
6. tinned food
7. protective clothes (cotton)
8. toiletries
9. a blanket (wool)
10. a first aid kit
11. important documents
12. phone and charger
13. wallet
14. house and car keys
15. precious items

If you decide to leave, go early to avoid traffic jams. Make sure that your car is full of fuel during the bushfire season, to avoid queueing at the petrol stations in the event of a fire.

Make sure your house is hazard ready. The shire has issued fire-compliance notices and fines will be imposed for non compliance.

Street coordinators are people who keep others in their street up to date with bushfire season information, eg the beginning of the permit season. This is not an onerous job but can be a valuable one.

Thanks to Karen for a timely reminder of our responsibilities at this time of year, especially as it is predicted to be a hot summer.



WINE APPRECIATION GROUP

The wine appreciation group meets from 5-7pm on the 4th Thursday of the month at the Denmark Men's Shed, just past the Rivermouth Caravan Park on Inlet Drive.

For more information contact Peter Lumia.



Kayaking

Kayaking is held on the 2nd and 4th Fridays (weather permitting) at 7:30 am - in the water - launching from the boat ramp at the Denmark Rivermouth

Caravan Park. Coffee is enjoyed afterwards at the Reminisce Café on site. For more information contact Warrick Gates or Stuart Hoskins.

Forthcoming Events

Our lunch for Christmas is our outing for December. January may be at the Koorabup Park with the other Probus group.

Funnies

Vicki asked me to put this in the newsletter

Anybody interested in a free ride in a helicopter flight for 4 people?! I'm still looking for 2 more people to join us. We leave early Saturday (December 4th) morning and will fly to Hamilton Island where we will have breakfast and then onto a yacht for bubbly and an extended lunch. Then we'll do a flight along the coast and stop in at The Long Pavilion for a nice dinner oceanside, then fly back home. If interested please phone me.

Preferably someone with a helicopter and yacht, otherwise we can't go.

Instead of a sign that says, "Do not disturb" I need one that says, "Already disturbed, Proceed with caution"

Naked yoga in the backyard is the best way to get the neighbors to pay for that privacy fence.

SOMETIMES YOU MEET SOMEONE AND YOU KNOW FROM THE FIRST MOMENT THAT YOU WANT TO SPEND YOUR WHOLE LIFE WITHOUT THEM.

Laughing at your mistakes can lengthen your life. Laughing at your wife's mistakes can shorten it.

"Piglet" said Pooh.

"Yes Pooh" said Piglet.

"I'm scared," said Pooh.

For a moment there was silence.

"Would you like to talk about it," said Piglet, when Pooh did not appear to be about to say anything more.

"I'm just so scared," blurted out Pooh, "So Anxious, because I don't feel like things are getting any better. If anything, I feel like they might be getting worse. People are angry,

because they're so scared, and they're turning on one another, and there seems to be no clear plan out of here, and I worry about my friends and the people I love, and I wish SO much that I could give them all a hug, and oh, Piglet! I am so scared, and I cannot tell you how much I wish it wasn't so."

Piglet was thoughtful, as he looked out at the blue of the skies, peeping between the branches of the trees in the Hundred Acre Wood, and listened to his friend.

"I'm here," he said, simply. "I hear you, Pooh. And I'm here."

For a moment, Pooh was perplexed.

"But... aren't you going to tell me not to be so silly? That I should stop getting myself into a state and pull myself together? That it's hard for everyone right now?"

"No," said Piglet, quite decisively. "No, I am very much not going to do any of those things."

"But - " said Pooh.

"I can't change the world right now," continued Piglet. "And I am not going to patronise you with platitudes about how everything will be okay, because I don't know that.

"What I can do, though, Pooh, is that I can make sure that you know that I am here. And that I will always be here, to listen; and to support you; and for you to know that you are heard.

"I can't make those Anxious Feelings go away, not really.

"But I can promise you that, all the time I have breath left in my body...you won't ever need to feel those Anxious Feelings alone."

And it was a strange thing, because even as Piglet said that, Pooh could feel some of those Anxious Feelings start to loosen their grip on him and could feel one or two of them start to slither away into the forest, cowed by his friend, who sat there stolidly next to him.

Pooh thought he had never been more grateful to have Piglet in his life.





Welcome to our new member Martine Henneg.

My husband Pete and I moved to Denmark in 2006 after I transferred from teaching in Perth to a position at Albany Primary School. Pete was working at the Department of Agriculture at the time and moved to Denmark a few years later after securing a position as biosecurity officer.

I retired two years ago after teaching for forty years but still do occasional relief. Pete retired this year also working for the Department of Agriculture for more than forty years. Since retiring I have joined the Denmark Embroidery Group and the Women's Shed.

My interests include arts, crafts, swimming, and snorkelling.

We have two children and three grandchildren all who live in Perth.

For further information please contact our secretary at secretary@denmarkriverprobus.org.au

Committee

President: Kaye White president@denmarkriverprobus.org.au

Vice President: vacant

Secretary: Julie Nayda secretary@denmarkriverprobus.org.au

Treasurer: Brian Rushton treasurer@denmarkriverprobus.org.au

Activities: Robin Levet & Helena Wragg events@denmarkriverprobus.org.au

Hospitality: , Margaret Norcross, Kevin Wragg

hospitality@denmarkriverprobus.org.au

Membership: Linda Falls members@denmarkriverprobus.org.au

Guest Speakers: Chris Watkins speakers@denmarkriverprobus.org.au

Media: Trish Edmonds contact@denmarkriverprobus.org.au