Edition No. 100 - Janu

DENMARK RIVER PROBUS NEWSTELTER

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Our 100th Edítion!

URGENT!



WANTED MEDIA PERSON

For the 2023 Committee.

If you are considering this, please let our Secretary, Julie Nayda know ASAP.

I will be absent for the month of March, but will happily show you the ropes in April.

You do not have to be an IT genius -I'm not; but I do know how to use Microsoft Word for the newsletters. C'mon - it is fun. I have enjoyed it but my time is up.



WORDS OF APPRECIATION

Thank you to all who have nominated for the 2023/4 committee.

NB. Also wanted on the Committee is a male to help in the kitchen.

Thank you also to those who greeted us at the door and helped to set things up.

NEXT MEETING

1 February 2023

10:00 am at the Denmark Country Club

Guest Speaker: Rae Powys, Naturopath

Topic: Gut Health or Insomnia.

Lunch: In-house - BBQ.

BIRTHDAYS

Wendy Olsen Moya Ivanac Jo Whittaker Chris Watkins Glenice Smith Ken Richards Tuesday 24 January Wednesday 25 January Tuesday 7 February Friday 17 February Monday 20 February Saturday 25 February



MEMBERSHIP

There are 12 people on the waiting list, many of whom have completed three visits.

Name Badges - If anyone needs to replace their Name Badge for any reason, please let Linda Falls know in February and she will arrange to have a new one made for you.

Cost for a New One: Magnetic back - \$17.30

Pin back - \$15.30

Please have that money ready to give Linda 1 February 2023.

Also - please remember to WEAR your name badges so that we can all get to know you.

Guest Speaker

FEARSOME FOURSOME : BEV & ROGER SEENEY AND ROS & WARRICK GATES BLACK DOG RIDE TO ALICE SPRINGS



Being the most recent convert to the art of riding motorcycles, Ros Gates was the first to speak. When the idea of this trip was first mooted, Ros was looking forward to three weeks to herself. She was thinking of all the things that she could do around the house whilst Warrick was away; but then she was persuaded to join him on the trip. She reluctantly agreed saying that she needed a few trial runs on the bike first. So a few trial runs were organised around the Stirling range etc. After that she felt confident enough to agree to go with him on the ride.

Ros said they covered 8,500 km in 3 weeks, and it was fabulous! She said lots of people came up to them and asked what it was all about. So many people were interested and supportive. So has she been converted to bike riding? Well maybe not completely. She has only been on the bike once since the trip. The question was asked "have you fallen off yet?" The answer was no during the trip, not until they reached their front door when they arrived home - they fell off onto the grass right in front of the house.

Warrick thanked Ros for letting everyone know that he had "dropped the bike".







The trip for the West Australian riders officially started at a Welcome dinner in Toodyay on the 4th August; but of course, the Denmark riders had to get to Toodyay first. There were 45 riders from WA. Along the way they were greeted and supported and fed by many of the towns they passed through. In Wudinna the school children came out to greet them. They were given a certificate of appreciation in west Augusta because one of their previous leaders had taken his own life.

They met up with the South Australian riders on the way and joined forces with them.

At each place they stopped Bev gave a presentation explaining what the Black Dog Ride was all about. Bev is now on the national committee for the Black Dog Ride.

Every day before they set off there was a safety briefing and a roll call. Ros and Warrick were "tail-end Charlies". They were the last riders to leave each day. It was because they were riding a bright yellow bike. When the support team driving in vehicles behind saw them, they knew that all the other riders were in front of



them. The bike got the nickname "Buttercup".

They managed to raise a substantial amount of money on the ride - \$148,000 was paid into their donation fund. Every cent of that money is ploughed back into the community. The money is given to various organisations supporting the mental health of the community including youth. More money was raised from registrations and the sale of merchandise. The total count was \$340,000.

Approximately 450 riders from all over Australia arrived in Alice Springs on the 12th August 2022. Every state was represented. They left on the 15th scattering in all directions. Our four came home via different routes. Roger came home via the top of WA. Bev came home more directly; and Ros and Warrick took a southerly route. All up our Denmark riders did 4005 km just to get to Alice Springs, plus more to come home.

Well done guys! We are proud of you. Keep up the good work.

HAPPENINGS:

There have been no outings to talk about for several months. Our next Probus outing will be in February, but in the meantime, there will be the local Kwoorabup Festival in Berridge Park on 26 January. See below.

SOCIAL GROUPS



WINE *PPRECIATION* GROUP

The wine appreciation group meets from 5-7pm on the **4**th **Thursday** of the month at the **Denmark Men's Shed**, just past the Rivermouth Caravan Park on Inlet Drive.

For more information contact Peter Lumia



Fran's Coffee Mornings

Meets at **10:00** every **3rd Tuesday** of the month at various venues. Next: **21st February - Bakery Café 21st March - Tea House Books**



Kayaking

Kayaking - is held 2nd & 4th Fridays (weather permitting)

8:00am in the water. Launching from the boat ramp at the Denmark River Mouth Caravan Park. Afterwards coffee at the Caravan Park's Reminisce Café. Contacts - Warwick Gates and Stuart Hoskins

FORTHCOMING EVENTS

26 January 2023 – Kwoorabup Festival

Berridge Park, 4-8pm.

Bring your picnic rug and come down to enjoy an afternoon of family fun at Berridge Park. There will be plenty of entertainment, food & market stalls, kid's activities, live music and more. Finish off the evening with a family outdoor movie under the stars.

Choose to re-use and BYO water bottles, crockery and cutlery.

Enquiries - Shire of Denmark Ph: 98480300,

Email: enquiries@denmark.wa.gov.au

Website:

https://www.mycommunitydiary.com.au/Western Australia/Denmark/Kwoorabup Festival/203483

Our next outing will be:

15 February 2023 - Torbay Glass followed by lunch at the Elleker Tavern.

Meet there at 10.30am. Lunch to follow at Elleker Tavern 12 noon. Pre-order lunch. **Meleah Farrell** is a local photographer, and she has a studio in the same vicinity. You may like to visit her as well if you have time.

For any other queries please contact: Julie at secretary@denmarkriverprobus.org.au

Committee

President: Kevin Nayda <u>president@denmarkriverprobus.org.au</u> Vice President: vacant Secretary: Julie Nayda <u>secretary@denmarkriverprobus.org.au</u> Treasurer: Brian Rushton treasurer@denmarkriverprobus.org.au Activities: Vicki Lumia & Tracey Barton events@denmarkriverprobus.org.au Hospitality: Val Ball, Kerry Clark, Rosemary Thorn, Glenice Smith hospitality@denmarkriverprobus.org.au Membership: Linda Falls <u>members@denmarkriverprobus.org.au</u> Guest Speakers: Julie Nayda <u>speakers@denmarkriverprobus.org.au</u> Media: Joyce Edmonds <u>contact@denmarkriverprobus.org.au</u>

A reminder that not all children grow up in fortunate circumstances.

When I was a child, my father cheated and didn't love my family. Later, my parents divorced.

Soon my mother died in a car accident. My brother and I could only live in my grandma's old house.

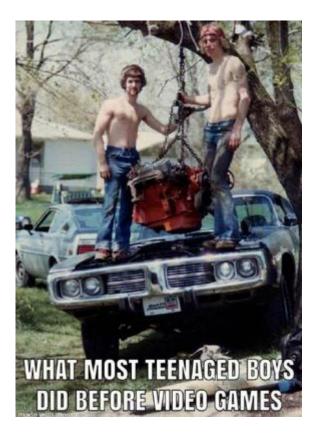
Grandma's sister was an alcoholic. The whole family lived on my grandma's savings.

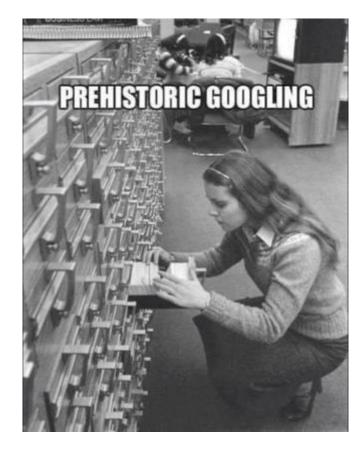
Grandma recently died. My Uncle Andy is barely keeping himself out of jail from day to day.

My brother left home and won't talk to us anymore. Dad, now 74, had to go out to work to support the family and eventually he is going to want me to do the same thing.

Yours sincerely, Prince William





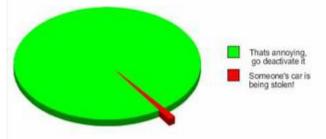




Thank you to all who contributed jokes for the newsletter.

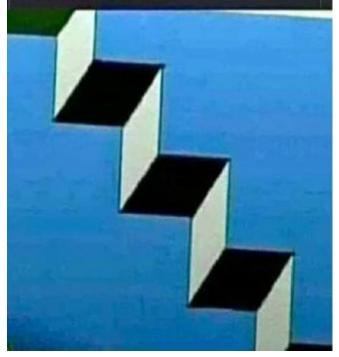


Thoughts When A Car Alarm Goes Off

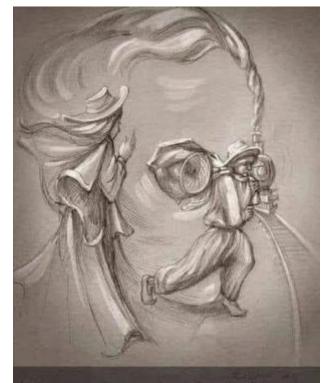




Focus on the picture, it will change the direction of the stairs every ten seconds, and this is one of the things that the mind cannot zone







The more u look the more u see

